

- QUICK GUIDE **EN**
- GUÍA RÁPIDA **ES**
- GUIDE RAPIDE **FR**
- KURZANLEITUNG **DE**
- GUIDA RAPIDA **IT**
- +16**

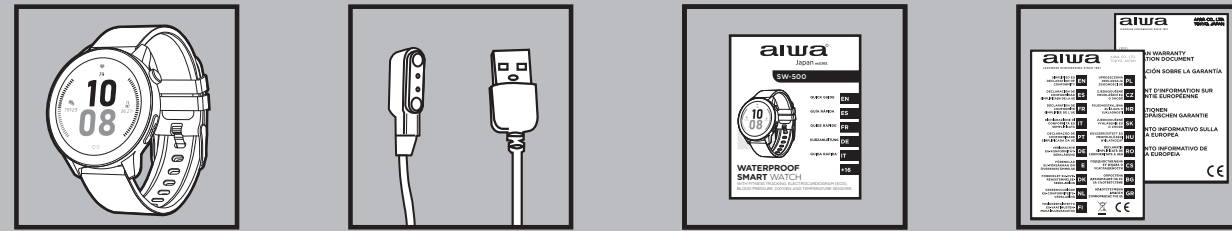
**WATERPROOF SMART WATCH**  
WITH FITNESS TRACKING, ELECTROCARDIOGRAM (ECG), BLOOD PRESSURE, OXYGEN AND TEMPERATURE SENSORS

Follow us! aiwaEU  
www.eu-aiwa.com

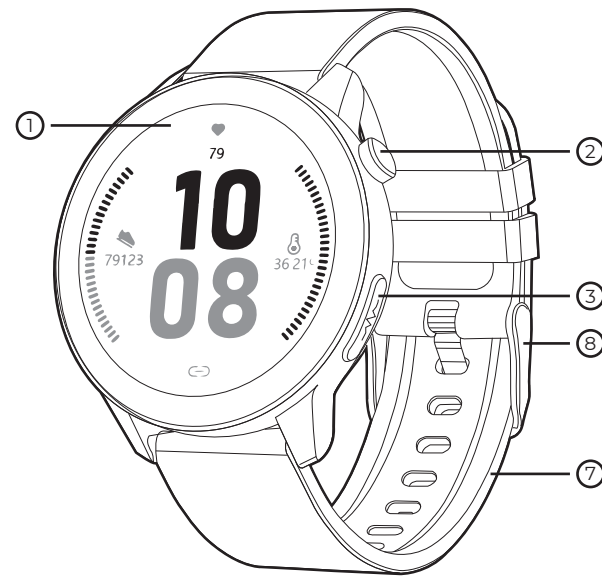
AIWA CO., LTD.  
Kita-Ku  
TOKYO 115-0045, JAPAN

©AIWA EUROPE S.L. All Rights Reserved. Printed in P.R.C. ED06ED00

**01. WHAT'S IN THE BOX?**

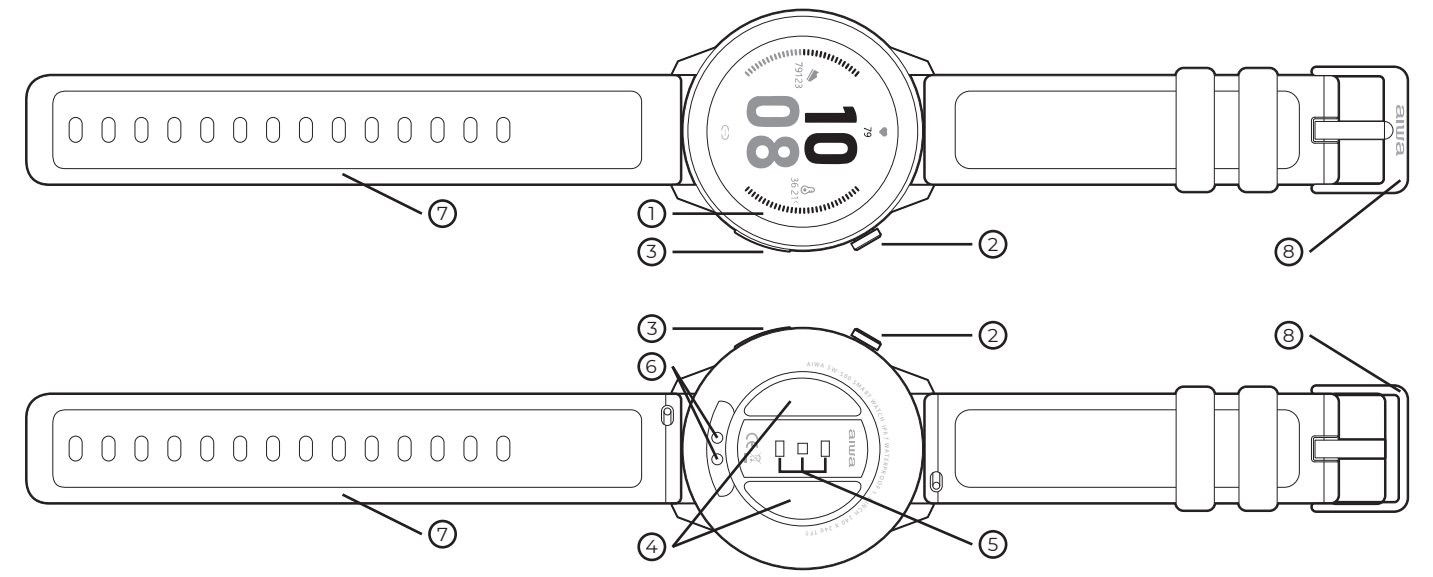


**02. OVERALL VIEW**



1. Touch screen
2. Button
3. Front electrode
4. 2 rear electrodes / temperature detector
5. Sensor
6. Charging contacts
7. Strap
8. Buckle

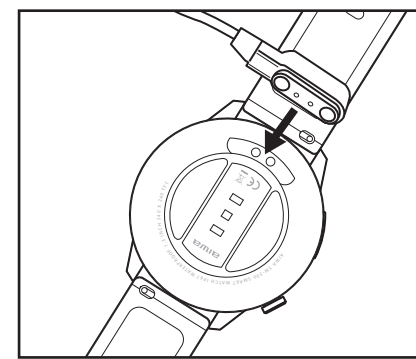
**FRONT VIEW - BACK VIEW**



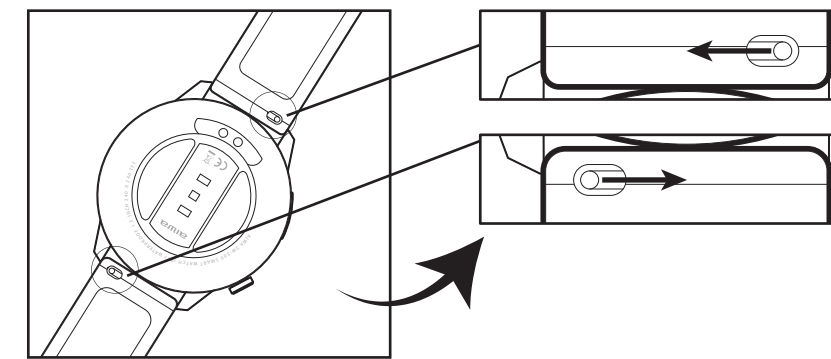
**03. POWER ON / OFF**



**04. CHARGING**

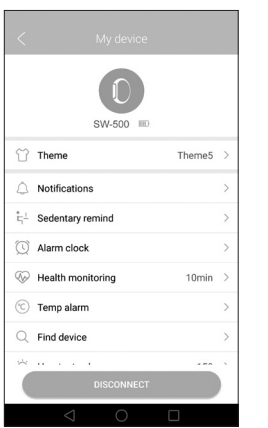


**05. CHANGE THE STRAP**



**06. REMINDER FUNCTION**

You need to set this option in the app and keep the phone and watch connected via Bluetooth, the message is a vibration reminder.



**07. INSTALL THE APPLICATION "SMARTHEALTH", CONNECT AND DISCONNECT THE WATCH**

1. Scan the QR code or search for "SmartHealth" on the main app download pages. Install the app on your mobile.
2. Device requirements: IOS 9.0 and above, Android 4.4 and above, Bluetooth 4.0 is supported.
3. Turn on Bluetooth on your mobile.
4. Open the app and set up personal information (Fig.1), (Fig. 2).
5. Switch to the "Device" page and click on the device link.
6. Click on your device in the list of scanned devices, the watch will be connected to the app (Fig. 3).
7. To disconnect the watch from the app, select "disconnected" (Fig. 4).



**AVAILABLE LANGUAGES:**  
**Application language:** Chinese, English, Traditional, Japanese, German, Spanish, French, Italian, Thai, Russian

**Firmware language:** Chinese, English, Traditional, Japanese, French, German, Italy, Spain, Russia, Portugal, Malaysia, Korean, Poland

**The watch automatically uses the same language as the phone.**

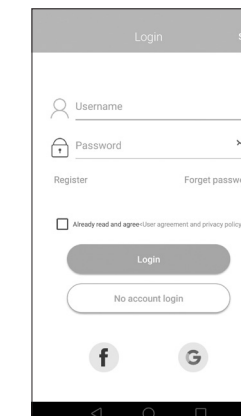


Fig 1

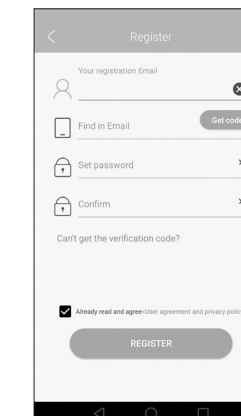


Fig 2

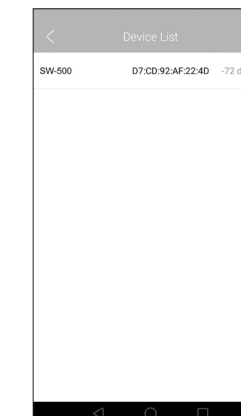


Fig 3

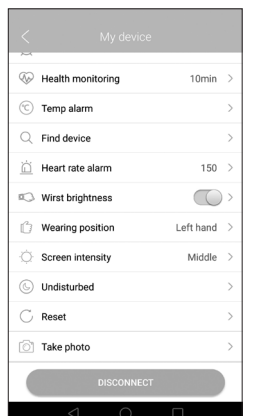


Fig 4

**08. SCREEN. BASIC OPERATIONS**

1. 7 different dial styles to choose from, press and hold the touch screen to select the preferred style or in the app menu, click "theme selection" to change the screen style.

2. To access the feature screen, press the side button or slide up, to return to the main screen press the side button or slide down again.

3. Pedometer/distance/calories/Km, steps and calories can be viewed in real time, you can sync the app in real time to view the movement data.

4. The body temperature will automatically appear on the watch, the monitoring data can be updated in the app synchronously, and make a test report.

5. Monitor heart rate in real time, measurement data can be synchronized with the app in real time with a test report.

6. ECG. Press and hold the front electrode, the report should be viewed in the App.

7. Blood pressure monitoring. The measurement will appear in real time, the data can be synchronized with the App with a test report.

8. The blood oxygen measurement will appear in real time, the data can be synchronized with the App with a test report.

9. Breathing rate measurement will appear in real time, the data can be synchronized with the App with a test report.

10. Click the exercise icon you want to perform. Swipe up or down to change sports. Once selected click to start the calculation, swipe right to exit the current sport.

11. The weather screen shows the current weather, air, quality, weather forecast. The watch must be connected to the mobile before data can be obtained, if it is disconnected for a long time the weather information will not be updated. The phone location must be turned on.

12. When you sleep the watch automatically detects it, determines how long you have been sleeping lightly or deeply, calculates the time and sends the data to the app.

13. Swipe up until you reach the stopwatch icon, and swipe right to exit.

14. Select the camera to take pictures remotely with the mobile phone. Click to take a photo and swipe right to exit.

15. Swipe down on the main interface, to access the shortcut function. You can select the function of "Do not disturb", "information", "About", "settings". In the "information" function click on the message and scroll up and down to turn the

pages. Swipe right to exit. In the "settings" function you can change the brightness of the screen, select the "Awake" option that activates the screen with the movement of the wrist. Restore factory settings and shut down.

